Fostering Connection with Nature: A Report on "Prakriti Aur Hum"



On January 16th, 2024, the Happy Thinking Laboratory (HTL) and the Department of English and Modern European Languages (DEMEL), in collaboration with the Counselling and Guidance Cell (CGC), hosted a captivating interface titled "Prakriti Aur Hum" (Nature and Us). The event, held under the esteemed patronage of Professor Alok Kumar Rai, Vice-Chancellor of Lucknow University, brought together students, faculty, and environmental enthusiasts for an insightful discussion on environmental protection and traditional Indian knowledge related to

Prominent Speaker and Engaging Topic:

conservation.

The session featured gopal upadhyaya ,Brijendra Pal Singh, Rashtriya Sangathan Mantri of Lok Bharati, a prominent organization dedicated to environmental conservation.

Mr. Upadhyaya extensive experience working with local communities and his deep understanding of traditional ecological knowledge made him a compelling speaker. "Prakriti Aur Hum" likely explored the intricate relationship between humans and the natural world, emphasizing the importance of environmental protection for our collective well-being.

Focus on Traditional Knowledge:

The interface likely delved into the rich tapestry of traditional Indian knowledge related to environmental conservation.

Mr. Singh have discussed:

- Ancient practices and philosophies that promote harmonious co-existence with nature.
- Indigenous wisdom on sustainable resource management and ecological balance.
- The role of traditional knowledge systems in addressing contemporary environmental challenges

Collaborative Spirit:

The success of the interface was a testament to the collaborative spirit of the organizing committee. Professor M. Priyadarshini, Director of HTL, Dr. Vaishali Saxena, Director of CGC, and Professor M. Pradhan, Technical Expert of HTL, all played crucial roles in conceptualizing and executing this program. Their combined expertise ensured a well-organized and thought-provoking event.

Promoting Environmental Awareness:

By attending "Prakriti Aur Hum," participants likely gained a deeper appreciation for the importance of environmental protection. The interface aimed to:

- Highlight the relevance of traditional knowledge in addressing modern environmental issues
- Inspire participants to adopt sustainable practices in their daily lives.
- Foster a sense of responsibility towards protecting the natural world for future generations.

Lasting Impact:

The impact of "Prakriti Aur Hum" likely extended beyond the event itself. The program may have sparked discussions and initiatives within the university community, encouraging individual and collective action towards environmental stewardship.







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