MEMORANDUM OF UNDERSTANDING (MoU)

BETWEEN

MANSIK SHAKTI FOUNDATION (MSF)

AND

FREEDOM FROM POVERTY TRUST (FFPT)

Sister Organization of Freedom from Poverty Foundation, Canada

AND

UNIVERSITY OF LUCKNOW, LUCKNOW

For collaboration on student mental well-being, psychological assessment, counselling awareness, depression management and suicide prevention initiatives

MEMORANDUM OF UNDERSTANDING

This Memorandum of Understanding (hereinafter referred to as "MoU") is made on .19/09/2026..., 2026.

BETWEEN

MANSIK SHAKTI FOUNDATION (MSF), a non-profit organization committed to promoting mental health awareness, psychological well-being, counselling awareness, community resilience and evidence-based mental health practices, through its authorized representative, of the first part;

AND

FREEDOM FROM POVERTY TRUST (FFPT), India, sister organization of Freedom from Poverty Foundation, Canada, engaged in preventive healthcare, public health awareness, mental health wellness, depression and suicide prevention workshops, educational support and community empowerment initiatives, through its authorized representative, of the second part;

AND

UNIVERSITY OF LUCKNOW (LU), an institution of higher learning located at Babuganj, Hasanganj, Lucknow, Uttar Pradesh, India, through its authorized representative and shall include its legal representatives and permitted assigns, of the third part.

MSF, FFPT and LU are hereinafter referred to individually as a "Party" and collectively as the "Parties".

WHEREAS

- MSF represents that it has the expertise and institutional commitment to facilitate mental health awareness, psychological screening and assessment, counselling awareness, stigma reduction and student well-being initiatives.
- FFPT represents that it works for social development through preventive healthcare, medical support, public health awareness, mental health wellness, depression and suicide prevention workshops, and educational support for financially disadvantaged students.
- LU represents that it is an institution of higher learning committed to academic excellence, research, student welfare and holistic development of students.
- The Parties are desirous of entering into this MoU to establish a basis for cooperation and collaboration for student mental well-being, psychological assessment, counselling awareness, depression management, suicide prevention and related academic, research and outreach activities.

NOW THEREFORE, the Parties hereby record their mutual understanding as follows:

CLAUSE 1: OBJECTIVE

The objective of this MoU is to promote collaboration among the Parties for the creation of a structured, sustainable and student-friendly mental wellness framework at the University of Lucknow, subject to applicable laws, rules, regulations, policies and institutional norms.

- Mental health awareness and psychological well-being programmes for students, faculty and staff.
- Depression awareness, stress management and suicide prevention campaigns.

- Digital mental health screening and assessment initiatives, where appropriate and subject to informed consent, privacy and university policy.
- Counselling awareness, referral pathways and sensitization for early identification of students requiring professional support.
- Capacity building, training and sensitization of faculty, mentors, student volunteers and relevant university functionaries.
- Academic research, documentation, publications and field-based studies related to mental well-being and student support systems.
- Community outreach, social development and experiential learning activities, as mutually agreed.

CLAUSE 2: GENERAL AREAS OF CO-OPERATION

Engagements under this MoU may be carried out through activities and programmes including, but not limited to:

- Organization of seminars, conferences, awareness lectures, workshops and campaigns on student mental health and wellness.
- Structured programmes on stress management, anxiety awareness, depression management, suicide prevention and resilience building.
- Use of digital tools, including the Mansik Shakti mobile/web platform, for mental health screening, assessment and student support, subject to university approval and applicable privacy norms.
- Faculty sensitization programmes and training modules for student mentoring and early identification of distress.
- Development of standard operating procedures, referral protocols and awareness material for student mental well-being support.
- Joint research projects, surveys, data collection, analysis, publications and policy-oriented documentation.
- Student internships, field exposure, volunteer programmes and experiential learning opportunities.
- Any other area of cooperation mutually agreed upon in writing by the Parties.

The terms of mutual assistance, resources required, timelines, responsibilities and deliverables for each programme or activity implemented under this MoU shall be discussed and agreed upon in writing by the Parties before initiation of that programme or activity.

The implementation of specific proposals shall be negotiated on a case-to-case basis and shall be dependent upon the availability of resources, administrative approvals and institutional requirements.

CLAUSE 3: SCOPE OF COLLABORATION

3.1 Mental Health and Student Wellness Activities

- Mental well-being orientation sessions for newly admitted students.
- Workshops on stress, anxiety, depression, examination pressure, substance misuse awareness and help-seeking behaviour.
- Suicide prevention awareness, gatekeeper sensitization and early-warning awareness programmes.
- Creation of appropriate referral pathways for students requiring professional intervention, subject to institutional policy.

3.2 Digital Screening, Assessment and Support

- Digital mental health screening/assessment initiatives may be introduced through mutually approved platforms and protocols.
- Screening results, if any, shall be handled with confidentiality, sensitivity and adherence to applicable legal and ethical standards.
- Participation by students shall be voluntary unless otherwise permitted by applicable university norms and law.

3.3 Academic, Research and Documentation

- Joint research, surveys, reports and publications on student mental well-being and related areas.
- Documentation of programme outcomes, best practices and campus mental wellness models.
- Dissertation, thesis, internship and fieldwork collaboration where approved by the University.

3.4 Outreach and Capacity Building

- Training of student volunteers, mentors, faculty coordinators and support personnel.
- Community outreach programmes and awareness initiatives through departments, centres or university-approved forums.
- Capacity-building activities related to public health, social development and youth empowerment.

CLAUSE 4: ROLES AND RESPONSIBILITIES

4.1 Mansik Shakti Foundation (MSF)

- Provide technical expertise in mental health awareness, assessment, screening, counselling awareness and psychosocial support initiatives.
- Assist in designing awareness modules, screening protocols, training material and referral awareness frameworks.
- Conduct or facilitate workshops, expert sessions and periodic student interaction sessions with qualified mental health professionals, as mutually agreed.
- Support research design, documentation and reporting related to collaborative activities.

4.2 Freedom From Poverty Trust (FFPT)

- Facilitate coordination among MSF, LU and other stakeholders for implementation of student wellness programmes.
- Support outreach, awareness, community engagement and operational coordination activities.
- Provide experience from preventive healthcare, public health awareness, community empowerment and educational support initiatives.
- Assist in mobilizing expert participation, resource persons and social-sector linkages as mutually agreed.

4.3 University of Lucknow (LU)

- Provide institutional facilitation, academic supervision and coordination through nominated departments, centres or nodal officers.
- Facilitate student, faculty and staff participation in mutually approved programmes.
- Support permissions, venues, schedules, communication and dissemination in accordance with university rules.
- Guide research methodology, documentation and academic dissemination where applicable.

- Extend institutional recognition and cooperation as per university norms and applicable policies.

CLAUSE 5: SCHEDULES

All schedules, annexures, programme notes, standard operating procedures, activity plans or implementation documents, if any, mutually approved in writing by the Parties, shall form part of this MoU and shall be read and construed as an essential part of this MoU.

CLAUSE 6: FINANCIAL ARRANGEMENTS

1. This MoU shall not create any automatic financial obligation on any Party.
2. Each Party shall bear its own costs and expenses in the implementation of this MoU unless otherwise mutually agreed in writing for a specific activity.
3. Where any programme requires funding, sponsorship, grants, external support or additional expenditure, the financial framework, administrative procedure and responsibilities shall be separately defined in writing prior to implementation.

CLAUSE 7: USE OF NAME, LOGO AND PUBLIC COMMUNICATION

4. The name, logo, emblem or official identity of any Party shall not be used in any publication, report, poster, brochure, media communication, website or social media material without prior written approval of the concerned Party.
5. Any approved use shall be limited to indicating collaboration under this MoU and shall follow the branding and communication guidelines of the concerned Party.
6. Such use shall not imply endorsement, sponsorship, financial association or legal partnership beyond the scope of this MoU.
7. Upon termination or expiry of this MoU, the Parties shall discontinue use of each other's name, logo or emblem within a reasonable period, except for archival records of activities already completed.

CLAUSE 8: CONFIDENTIALITY AND DATA PROTECTION

8. The Parties shall maintain confidentiality of all information, documents, records, data and materials identified as confidential or reasonably understood to be confidential.
9. Any confidential information disclosed under this MoU shall not be disclosed to any third party without prior written consent of the concerned Party, except as required by law.
10. Any student-related data, screening information, assessment details or counselling-related information shall be handled with utmost confidentiality and in accordance with applicable laws, ethical standards, informed consent and university policies.
11. The Parties shall endeavour to develop appropriate procedures for data collection, storage, access, reporting, anonymization and protection wherever digital or research-based activities are undertaken.

CLAUSE 9: INTELLECTUAL PROPERTY AND ACADEMIC OUTPUT

12. The protection of intellectual property rights shall be governed by applicable laws, rules, regulations and institutional policies.
13. Any publication, report, academic paper, training module, manual, digital resource or research output arising from joint initiatives shall acknowledge the contribution of the relevant participating institutions and individuals.
14. Intellectual property created jointly by the Parties shall be owned or used in accordance with terms mutually agreed in writing.
15. Intellectual property created solely by one Party shall remain the property of that Party, unless otherwise agreed in writing.

CLAUSE 10: DURATION OF THE MoU

16. This MoU shall come into effect on the date of the last signature and shall remain in effect for a period of three (3) years, unless terminated earlier in accordance with this MoU.
17. This MoU may be extended or renewed for a further period through mutual written consent of the Parties, preferably not less than six (6) months prior to the expiry date.

CLAUSE 11: TERMINATION

18. Any Party may withdraw from this MoU by providing six (6) months' prior written notice to the other Parties.
19. Termination shall not affect the completion of ongoing activities already commenced, unless the Parties mutually decide otherwise.
20. The obligations relating to confidentiality, data protection, intellectual property and proper use of name/logo shall survive termination or expiry of this MoU.

CLAUSE 12: SETTLEMENT OF DISPUTES

Any difference or dispute between the Parties concerning the interpretation, implementation or application of any provision of this MoU shall be settled amicably through mutual consultation and negotiation between the Parties, without reference to any third party or tribunal, unless otherwise required by applicable law.

CLAUSE 13: NON-CONTRACTUAL NATURE OF RELATIONSHIP

21. This MoU represents the mutual understanding and intention of the Parties and is not intended to create legally binding obligations, except to the extent expressly stated or required by applicable law.
22. Nothing contained herein shall be construed as creating a joint venture, partnership, agency, employment relationship, franchise or formal business organization between the Parties.
23. No Party shall have authority to bind the other Parties or incur any liability on behalf of the other Parties without prior written authorization.

CLAUSE 14: NOTICES

Every notice, request or other communication required or permitted under this MoU shall be in writing and delivered personally, by registered post, courier or acknowledged e-mail to the addresses and officials designated by the respective Parties. The details may be filled in the table below or notified separately in writing.

Party	Address	Attention To	E-mail / Phone
University of Lucknow	Babuganj, Hasanganj, Lucknow, Uttar Pradesh 226007, India	The Registrar / Dean Students' Welfare, University of Lucknow	To be filled
Mansik Shakti Foundation	269, Gopal Krishna Gokhale Marg, Naupada, Thane West, Thane, Maharashtra 400602	Dr. Amresh Shrivastava, Director, Mansik Shakti Foundation	infor@mansikshakti.com Amresh@mansikshakti.in Personal-dr.amresh@gmail.com Phone +919819895130 and +919819764252
Freedom From Poverty Trust	A-2/1, Nirala Nagar, Lucknow-226020	Dr. Hemant Kumar Dixit, Vice President, Freedom From Poverty Trust	ffptrust@gmail.com +918318805565

CLAUSE 15: REVISION, VARIATION AND AMENDMENT

24. Any Party may request in writing a revision, variation or amendment of this MoU.
25. Any revision, variation or amendment agreed to by the Parties shall be in writing and shall form part of this MoU.
26. Any amendment shall come into force on such date as may be mutually determined by the Parties.
27. Any revision, variation or amendment shall not prejudice the implementation of activities already initiated under this MoU, unless otherwise mutually agreed.

CLAUSE 16: SUPERVENING EVENTS

28. Each Party reserves the right, for reasons of national security, public order, public health, institutional policy or any other lawful reason, to suspend temporarily, either in whole or in part, the implementation of this MoU after notifying the other Parties.
29. If any event occurs which hinders or restricts implementation of this MoU, the Parties shall use their best endeavours to agree upon such action as may be necessary and equitable to address the situation.

CLAUSE 17: GENERAL PROVISIONS

- This MoU is based on equality, mutual respect, shared institutional interest and the objective of student welfare.
- All activities shall be subject to applicable laws, government directions, university rules, administrative approvals and ethical norms.
- No Party shall assign its rights or obligations under this MoU to any third party without prior written consent of the other Parties.

- This MoU may be executed in multiple counter parts, each of which shall be deemed an original.

IN WITNESS WHEREOF

The undersigned, being duly authorized by their respective organizations, sign this MoU on the date(s) mentioned below.

For University of Lucknow	For Mansik Shakti Foundation	For Freedom From Poverty Trust
Name: Dr. Bhavana Misra Designation: Registrar Signature: Date: 19/09/2026 Seal:	Name: Dr.Amresh Shrivastava Designation: Director Signature: Date: 19-9-26 Seal:	Name: Dr.Hemant Kumar Dixit Designation: Vice President Signature: Date: 19/09/26 Seal:
Witness: Name: Signature: Date: 19.9.2026	Witness: Name: Signature: Date:	Witness: Name: Prof. Rakesh Signature: Date: 19/9/2026