





### **MISSION SHAKTI**

A U.P. GOVT. INITIATIVE

# **ALL THREE PHASES** (2021-2024)

## Celebrated at UNIVERSITY OF LUCKNOW

### **A REPORT**

**Under the Patronage of** 



## Professor Alok Kumar Rai, Hon'ble Vice Chancellor University of Lucknow

Submitted by
Prof. Madhurima Lall
Convener
Mission Shakti
University of Lucknow
2024

### ALL THREE PHASES EXECUTED IN UNIVERISTY OF LUCKNOW

#### **A GLIMPSE**

(One phase consists of four months)

(One phase consists of		4 B B II 4 · · · · · · · · · · ·		
Phases of Mission	AUGUST -	APRIL-AUGUST	September 23-	Total of All
Shakti in LU	DECEMBER,	2022	January 24	Three phases
	2021			/ONE DUAGE
	PHASE THREE-	PHASE FOUR-22	PHASE FOUR-23	(ONE PHASE
	21		-24	CONSISTS OF
				FOUR MONTHS
				EACH)
<b>Total Participation</b>	9750	8067	6003	23820
and oath taken by				
Total Events held	65	75	56	196
<b>Total Experts</b>	1146	934	564	2644
Total	62	67	42	171
Sports/Yoga/Self				
Defence/Martial Art				
etc Events				
NCC NCC	0.4	40	4.4	00
NCC n NSS	04	12	14	30
Health	34	26	11	71
<b>Events/Camps</b>				
<b>Security Events</b>	48	59	32	139
Self	26	28	25	79
Reliance/NGOs/Ent				
repreneurial Events				
<b>Total Cultural</b>	153	179	213	545
Activities/essay				
writing/poster				
making				
events/Launch				
Workshops	03	06	05	14
Webinar	17	31	07	55

Mission Shakti phase 3 -

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MISSION SHAKTI PHAZE THREE 21- LAUNCHED BY HON'BLE MADAM VC

#### Mission Shakti phase 4 (2023)

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MISSION SHAKTI PHAZE FOUR 22- LAUNCHED BY HON'BLE VICE CHANCELLOR



MISSION SHAKTI PHAZE FOUR 23-24 - LAUNCHED BY HON'BLE VICE CHANCELLOR



Mission Shakti Phase 4 launched by Hon'ble Vice Chancellor in 2023 at LU

### Mission Shakti, All Phase\* celebrated at University of Lucknow FINAL REPORT

### Under the Patronage of Professor Alok Kumar Rai, Hon'ble Vice Chancellor, University of Lucknow

#### \*one phase consists of four months

		CONSISTS OF TOO			_	
S.N o.	Department	Organiser & Coordinator s	Phaze 3 2021	Phaze 4 2022	Phaze 4 2023- 24	Programmes/Titles as desired by Govt (as per phase 3)
1	Mission Shakti	Convener appointed 11 am	<b>425</b> 21.08.21	310	758	Inaugural of Mission Shakti by CM
2	21.08.21	2 pm	02	113	NA	Online orientation for Coordinators Mission shakti
3	21.08.21	4.30pm	116	NA	NA	Orientation program for Principals/ teachers of Associated Colleges
4	Mission Shakti, 27 Aug	Convener	42	157	261	Physical fitness, exercises and sports
5	Mission Shakti, 27 Aug	Convener	92	NA	NA	Orientation for coordinators
6	Mission Shakti 31 Aug	Convener	67	268	NA	Orientation of Coordinators, Teachers only for Mission Shakti, LU
7	NCC battalion 03.09.2021	Capt. Kiran Dangwal 63 BN, NCC	37 Capt. Kiran Dangwal	64 Capt. Kiran Dangwal	68+73 Capt. Kiran Dangwal	
8	Bio- Chemistry 04.09.2021	Prof Sudhir Mehrotra Dr. Minal Garg	69 Prof Sudhir Mehrotra	76 +46  Prof Sudhir Mehrotra	NOT HELD	, , , Prize distribution
9	Chemistry 11.09.2021	Prof Arun Sethi Dr. Amrita	62 Prof Arun Sethi	136+59 Prof Anil Mishra	78	,

		Srivastava				
10	Mathematic s and Astronomy 11.09.2021		58 Prof Poonam Sharma	99+59 Prof. Vivek Sahai	64 Prof. Vivek Sahai	, ,
11	Physics 11.09.2021	Dr. Jyotsana Singh	Prof Poonam Tondon	123 Prof N.K. Pandey	NOT HELD	Marching towards Safety , , Prize distribution
12	Botany 15.09.2021	Prof Gauri Saxena	Prof Vivek Prasad	137 Prof Munna Singh	58  Prof Munna Singh	, Prize distribution
13	Dept of Pub Adm n Mission Shakti	Dr. Vaishali Saxena	145 Dr Anop Bhartiya	117+144 Dr Anop Bhartiya	138 Dr Anop Bhartiya	Interaction with Ms Laxmi Singh, launching Wo women, SOS contacts
14	Geology 16.09.2021	Dr. Poornima Srivastava	85 Prof. Ajay Mishra	72 Prof. Ajay Mishra	NOT HELD	, Prize distribution
15	Zoology 18.09.2021	Dr. Shailly Malik	127 Prof Sudhir Kuman	NOT HELD	NOT HELD	, , Prize distribution
16	National Nutrition Month with Department of Home Science 18.09.21	Dr. Devina Sahai  and  Principals and Teachers/st udents from  20 Associated	270 Dr. Meera Singh	123	Dr. Meera Singh	Importance of Nutrition in in Women and Adolescent Girls  Mission Shakti walk, Poster presentation, Nutrition display with fresh vegetables and fruits  Tiffin analysis

		Colleges of LU having Home Sc.				Individual interaction with calories intake through nutritive food habit- changing a life style
17.	Ancient Indian History & Archaeology 24.09.21		69 Prof Piyush Bhargava	NOT HELD	NOT HELD	, Prize distribution, Rangoli and Poster making on the theme students' expert comments on the theme poem recitation
18	Defence Studies 25.09.21	Prof. O.P. Shukla Dr. Shabeena Azmi	73 Prof. O.P. Shukla	Prof. O.P. Shukla	NOT HELD	Entrepreneurship Development and Self Reliance
19.	English and Modern European Languages 26.09.21	Prof Ranu Uniyal Dr. Minakshi Pahwa	47 Prof Ranu Uniyal	108 Prof Ranu Uniyal	NOT HELD	Women and Finance- Pathway to Empowerment
20.	Home Science 1.10.21	Dr. Devina Sahai  and  Principals and Teachers/st udents from  20 Associated Colleges of LU having Home Sc.	306  Dr. Meera Singh	54+68+76+47 +83+57+89 +198+147(NSS) Dr. Meera Singh	254	Importance of Nutrition in in Women and Adolescent Girls  Mission Shakti walk, Poster presentation, Nutrition display with fresh vegetables and fruits  Tiffin analysis  Individual interaction with calories intake through nutritive food habit- changing a life style

21	Mission Shakti Health Camps	Prof Madhurima Lall	521 (including workers and staff) Dr. Vineet Verma, President, LUTA	NA	436	Awareness on Breast Cancer and Health Check up Camp
22	National Service Scheme and Home Sc 1.10.21		295 + 596 Dr Meera Singh	267 Dr Meera Singh	258 Dr Meera Singh	Awareness Rally at the Campus Importance of Nutrition in in Women and Adolescent Girls
23	Economics 4.10.21	Dr. Roli Mishra	78 Prof. M.K. Agarwal	NOT HELD	NOT HELD	Women entrepreneur
24	Journalism & Mass Communica tion 4.10.21	Ms Surabhi Yadav	Prof. Mukul Srivastava	27 Prof. Mukul Srivastava	NOT HELD	women hygiene and health essay writing competition on the topic Gender equality & Health
25	Geography 8.10.21		*153 Dr. Roli Mishra	NOT HELD	NOT HELD	Female Feoticide  Launching Vending Machine- a historical event  Launch of MY SPACE  Posters and Rangoli  Selfie Artistic corners  Learn with Music And jazz
26	Medieval and Modern History 9.10.21	Dr. Shama Mehmood	*181 Dr. Shama Mehmood	65+86 Dr. Shama Mehmood	51 Dr. Shama Mehmoo	Marshal Art Training  Self Defense Training  for girls

		Dr. Manisha			d	Women Security: A Cardinal Right worthy of Attention and Concern
27	Department of Library	Dr. GarimaBisar ia	158	170 + 186	142	Women Safety: an effort of U. P. Police
	and Information	Id	Dr. Babita	Dr. Babita	Dr. Babita	
	Science		Jaiswal	Jaiswal	Jaiswal	
28	9.10.21 Mission Shakti		164	371	385	Planning for further take-ups
	13.10.21		Prof Madhurima Lall	Prof Madhurima Lall	Prof Madhuri ma Lall	Videography plans for career counseling of Girls
29- 30	Political Science		384 Prof	172 Prof Manuka	NOT HELD	Poster Making by LU and Associated Colleges Students
	22-		Manuka	Khanna		
	23.10.2021		Khanna			self composed Poetry Recitation
31	Physical		92x2	NOT HELD	NOT HELD	Martial Arts
	Education 23.10.2021		(Morning and evening) Dr			Poomase, Taekwondo, Karate, Fire tiles breaking, Weapon,
	7 AM to 6 PM		Shashi Kannaujia			Gymnastic, self defense kyurogi
						Intramural Competitions
32	Physical Education		95x2	NOT HELD	NOT HELD	Self Defense
	24.10.2021		(Morning and			Poomase,
	6.30 AM to 6 PM		evening) Dr Shashi Kannaujia			Taekwondo
33	Physical		105 x2	NOT HELD	NOT	Yoga
	Education 25.10.2021		(Morning		HELD	Healthy Mind lives in a Healthy Body
	6.30 AM onwards till evening		evening) Dr Shashi Kannaujia			Treating body

34	Physical Education 26.10.2021	Dr Shashi Kannaujia	84 x2 (Morning and evening)	NOT HELD	NOT HELD	Football without self-discipline success is impossible
35	Physical Education 27.10.2021		85 x2 (Morning and evening) Dr Shashi Kannaujia	NOT HELD	NOT HELD	Kabaddi  The Harder the battle, the sweater the victory
36	Physical Education 28.10.2021		104 x2  (Morning and evening) Dr Shashi Kannaujia	NOT HELD	NOT HELD	Basketball  if you can dream it, you can do it
37	Physical Education 29.10.2021  Morning sports and 6 AM Closing Ceremony 3 PM onwards		(Morning and evening) Dr Shashi Kannaujia	NOT HELD	NOT HELD	Self Defense-special techniques for girls, Talvar , Four Men, Vovinam Dance Poomase, Taekwondo, self defense for all Health is worth more than Learning
38	NCC and NSS 25.10.21	Captain Dr.Kiran Dangwal Dr. Alka Misra	89 Captain Dr.Kiran Dangwal	75 Captain Dr.Kiran Dangwal	64 Captain Dr.Kiran Dangwal	Healthy Youth for Healthy Nation Certificate distribution
39	Hindi 12.11.2021	Prof Y.P. Singh Dr. Reeta Chaudhary	76 Prof Y.P. Singh	39 Prof Rashmi	58 Prof Rashmi	Role of Women in India's Freedom struggle Samaj, Sahitya evam Swatantrata Sangram me Nari ki bhoomika

						Baikao ka swasthya, shiksha evam swavalamban par chintan self composed poem
40	Psychology 16.11.21	Prof Shashi Shukla Dr. Meghna Singh	Dr. Archana Shukla	60+43 Dr. Archana Shukla	84  Dr.  Archana Shukla	Mental Health of Woman and Changing Scenario  Constitutional laws for Protection of Women  Interplay of Civil factors and Socioeconomic determents of women health and security  Upgrading and updating woman of middle society  Nukkad Natak  Self Composed Poetry by students \ prize distribution
	Institute of Women Studies		NA	138  Dr Archana Shukla	238  Dr Manini Srivastava	
41	Dr. Girilal Gupta Institute of Public Health and Public Affairs 4.12.21	Dr. Shalie Malik	Dr. Shalie Malik	21  Dr. Shalie  Malik	47  Dr. Shalie  Malik	Gender Equality and Health
42	Dr Shankar Dayal Sharma Institute of Democracy 4.12.21	Dr. Varun Chhachhar	99 Dr. Varun Chhachhar	Dr. Varun Chhachhar	Dr. Varun Chhachha r	Sexual Harassment of Women at Workplace: An Introspection
43	Western History 7.12.21	Dr. Amita Sonker	<b>579</b> Prof. Madhu Rajput	68 Prof. Madhu Rajput	57 Prof. Madhu Rajput	Search Within and Beyond  Poster making competition etc

44	Education	Prof. Reena	111	157+74	86	EDUCATION
	9.12.21	Agarwal	Prof. Tripta Trivedi			EMPOWERS WOMEN
45	Physical Education sports day special 10.12.21		104 x2 (Morning and evening) Dr Shashi Kannaujia	NOT HELD	NOT HELD	Basketball
46	Physical Education sports day special 10.12.21		(Morning and evening) Dr Shashi Kannaujia	NOT HELD	NOT HELD	Yoga
47	Mission Shakti 11.12.21	Prof Madhurima Lall	09	319	311	Planning mission Shakti further events
48	Faculty of Yoga and Alternative Medicine 11.12.21	Prof. Naveen Khare	Dr. Amarjeet Yadav	109 + 113  Dr. Amarjeet Yadav	Dr. Amarjeet Yadav	Women Personality Development through Yoga
49	Law 13.12.21	Dr. Niharika	109 Prof. C.P. Singh	NOT HELD	NOT HELD	Women empowerment: Contemporary Development
50	Statistics 14.12.21	Ms Meghna Athwani	91 Prof. Rajeev Pandey	63+42 Prof. Rajeev Pandey	NOT HELD	Trafficking of women and children, Child Labor and forced begging".
51- 56	Faculty of Engineering 15.12.21-All	Dr Shashi	146 Bala Ms	172 Bala Ms	NOT HELD	Mahila Swasthya: yogabhyas

57	six Departments	Sir Sanjay	Kaumudi Singh Eng. Nidhi Srivastava Eng. Priyanka Singh Eng. Kalpana Patel Eng Nidhi Singh Eng Namrata Singh Eng Supriya Eng. Anshika Singh	Kaumudi Singh Eng. Nidhi Srivastava Eng. Priyanka Singh Eng. Kalpana Patel Eng Nidhi Singh Eng Namrata Singh Eng Supriya Eng. Anshika Singh	NOT	Woman Empowerment
	Administratio n 15.12.21	Medhavi Dr. Anu Kohli	Sir Sanjay Medhavi		HELD	through Entrepreneurship  Grand Cultural Program  Poster making competition  Rangoli  Selfie corner
58	Business Administratio n 16.12.21	Sir Sanjay Medhavi Dr. Anu Kohli	355 Sir Sanjay Medhavi	NOT HELD	NOT HELD	Self Defense Camp  Various Self Defense training and techniques
59	Persian 16.12.21	Dr. Quadri	44 Prof. Umar Kamaluddi n	58  Prof. Umar  Kamaluddin	NOT HELD	Wajood-e-jan Se Hai Tasweer-e- kainaat Mein Rang
60	Applied Economics	Dr. Nagendra	142	139	63	Women Safety

	18.12.21	Kumar	Prof.	Prof. Rachna		
		Maurya,Dr. Karuna Shanker Kannaujia, Dr Jai Lakshmi	Rachna Mujoo	Mujoo		Poetry writing extempore
61	Department of Oriental Studies in Arabic and Persian 18.12.21	Dr. S.Arshad Ali Jafri	58 Dr Taqi Ali Abidi	NOT HELD	NOT HELD	Educational Empowerment of Women in Inida: A Human Rights Perspective
62	Institute of tourism studies 18.12.21		60 Prof. Piyush Bhargava	21 Prof. Piyush Bhargava	NOT HELD	Women in Tourism as an entrepreneur
63	Commerce 20.12.21	Prof Audhesh Kr Tripathi Dr Suneeta Srivastava	Prof Audhesh	237 +82 Prof Audhesh	NOT HELD	Women Empowerment  Grand Cultural Program  Poster making competition  Rangoli  Selfie corner
64	Institute of Food Processing and Technology	Dr. Monisha Banerjee	65 Prof. M. Serajuddin g	49 Prof. M. Serajudding	64	Women in Aquaculture as an Entrepreneur
	NSCB as GOH		NA	362	NA	Educational Empowerment of Women
	CSA HALL	Dr Alka Mishra	46 Dr M.Banerji	619 Dr M.Banerji	NOT HELD	Women Empowerment Grand Cultural Program Poster making competition
	All hostels	Prof Anoop Kr Singh	364 Prof Nalini Pandey	NOT HELD	NOT HELD	Women Empowerment Grand Cultural Program Health camps

	Lawanya Hall	Dr Anupama Srivastava	NA	NA	331 Dr Anupama Srivastava	Women Empowerment Grand Cultural Program Health concerns
	Dept of Linguistics	Dr Kavita Rastogi	NOT HELD	54 Dr Kavita Rastogi	NOT HELD	Women Safety
	Social Work	Dr A.Bharti	NOT HELD	163 Dr A.Bharti	NOT HELD	Women Empowerment Grand Cultural Program
	Fine Arts	Dr R Kumar	NOT HELD	164 Dr R Kumar	NOT HELD	Women Empowerment Grand Cultural Program
	Computer Science	Dr P. Mishra	NOT HELD	128 Prof. B.Singh	NOT HELD	Women in technology for safety, health and education support
	Institute of Advanced Molecular Genetics & Infectious Diseases	Dr Jyotika Razawa	NOT HELD	NOT HELD	41 Dr Jyotika Razawat	Women Safety
	Dept of Prakritik languages	Dr A.Singh	NOT HELD	28 Dr A.Singh	NOT HELD	Women Safety
65	Mission Shakti 16.01.2022	Prof Madhurima Lall	06	120 + 11 +231	270	Performance Appraisal And Analysis
			9750	8067	6003	

Prof. Madhurima Lall Convener

Few pictures are presented. For detail presentations please click the link given in the above table:



Biochemistry



**Western History** 



Commerce



**Applied Economics** 



Persian



**Business Administration** 



Engineering



The Campus March



**Physical Education** 



**Business Administration: Self Defence and Martial Art** 



Education



Hindi



**Coordinators Meeting** 



**Political Science** 



The Oath Ceremony: Education



**Essay competition** 



Hon'ble VC as Chief Guest in Mission Shakti program



Mega rally : Mission Shakti



**Home Science** 



#### **GLGIPHPA**



Psychology



Physical Education- 7 days celebrations



Psychology: the cultural presentations



NSS and Home Science



Oriental Studies in Arabic and Persian







Physical Education: 7 days celebrations





Psychology: Outdoor activities



Library Science



Physical Education; seven days celebrations



Political Sc: the yoga activity



MIH



MIH- the Yoga activity and Maritial art



Geography



Physical Education: Kabaddi



MIH-



NCC & NSS



Physical Edu



Yoga



Political Sc: the outdoor activities





**Home Science** 



English

### भूगोल विभाग में लगी सैनिटरी नैपकिन मशीन लखनऊ। लखनऊ विश्वविद्यालय के भूगोल विभाग में जेंडर सैनिटइजेश सेल की पहल पर मिशन शक्ति के

**लखनऊ**। लखनऊ विश्वविद्यालय के भूगोल विभाग में जंडर सीनटाइजेश सेल को पहल पर मिशन शक्ति के तहत सीनटरी पेंड वेडिंग मशीन लगाई गई। इसका उद्घाटन शुक्रवार को डीन स्टूडेंट वेलफेयर प्रो. पूनम टंडन

ने किया। कार्यक्रम में अदस्य नाट्य संस्था ने गुफ्तगृ की प्रस्तृति दी, जिसमें महिलाओं से जुड़े ज्वलत मृदुरों पर सीधा संवाद हुआ। अरिंदम एवं अर्जुन ने अपने नृत्य से सबको प्रभावित किया। अंत में रूबरू बेंड ने अपने गीतों से माहौल को खुशनुमा बनाया। इस अवसर पर डीन आट्स प्रो. शशि शुक्ता, समन्वयक मिशन शक्ति प्रो. मधुरिमा लाल व कार्यक्रम समन्वयक डी.



Launch of Vending Machine



The Nurtion Month celebrations, NSS and Home Sc with The Colleges



Launch of My Space by Dept of Geography



The Mega Oath Ceremony



Health Camp and Breast Cancer Awareness



Home Science



The Mega March Mission Shakti



**Economics** 



**Tourism Studies** 





Defense Studies



Chemistry



Biochemistry



Business Administration







Public Administration







### मिशन शक्तिमें बताया छाताओं के सुरक्षा एवं स्वास्थ्य के उपाय

बीए न्यूज/संवाददाता

लखनऊ। विश्वविद्यालय लखनऊ के वनस्पति विज्ञान विभाग में मिशन शक्ति अभियान फेस- 3 के अंतर्गत महिला और बालिकाओं को



समर्पित महत्वपूर्ण मिशन शक्ति अभियान चलाया गया, इस अवसर पर गायनोलॉजिस्ट डॉ नैनी टंडन ने छात्राओं को उनके उनके स्वास्थ्य तथा गायनो बीमारियों के साथ स्तन कैंसर सर्वाइवर कैंसर के पर चर्चा की। लखनऊ विश्वविद्यालय लखनऊ मिशन शक्ति की कनविनर प्रो मधुरिमा लाल ने छात्राओं को संबोधित किया। लखनऊ विश्वविद्यालय के प्रो राकेश चंद्रा ने लैगिंग समानता पर चर्चा की। वनस्पति विज्ञान विभाग की मिशन शक्ति की संयोजक प्रो गौरी सक्सेना ने बताया कि इस कार्यक्रम में निबंध प्रतियोगिता करायी गयी इसमे सिवानी सिंह को प्रथम सिखा सिंह को द्धतीय आकांक्षा केशवानी तृतीय को पुस्कार मिला। इस अवसर पर वनस्पति विज्ञान विभाग के विभागाध्यक्ष प्रो विवेक प्रसाद ने बताया कि विभाग में महिला कल्याण एवं सुरक्षा हेतु अभियान चलाया जात है जिससे छात्राएं लाभान्वित हो रही है। इस कार्यक्रम में डॉ अलका कुमारी, डॉ राजेश तिवारी सहित 25 छात्राओं ने प्रतिभाग किया।



THE INAUGURATION CEREMONY

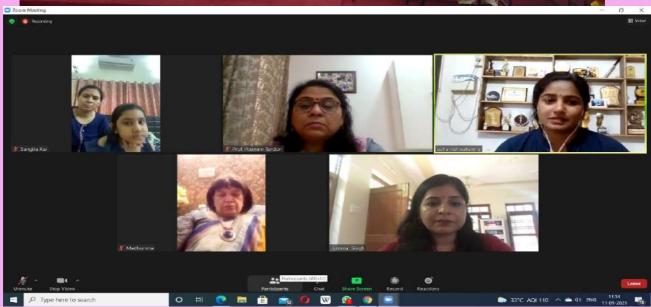


Food Processing and Technology



Botony : Medical session





Physics



The Shakti by Bus. Administration



THE COORDINATORS





Inauguration by the Hob'ble CM, UP

### Acknowledgement

I am extremely grateful to our Hon'ble Vice Chancellor Prof. Alok Kumar Rai for the unconditional support and guidance for carrying out the various events.

My heartfelt gratitude to all Deans/Heads and Coordinators who have made each and every Event exclusive and extremely beneficial for our students. We all are indebted to our various Experts for their precious guidance to one and all.

My special thanx to IPPR for a very positive and vibrant routine reporting.

I am thankful to Dr Sunita Srivastava for her great support.





Report designed and prepared by Prof. Madhurima Lall Convener, Mission Shakti Phase 3, 4 (2022) and 4 (2023)
University of Lucknow