



## Counselling and Guidence Cell & Happy Thinking Laboratory

University of Lucknow Presents



on

# CAREER CHOICES UNVEILED "NAVIGATING NEW HORIZONS FOR SUCCESS"

March 1st, 2024 Under the patronage of



Prof. Alok Kumar Rai Hon'ble Vice Chancellor University of Lucknow

#### **About Counselling & Guidance Cell**



The Counselling and Guidance Cell, University of Lucknow is committed to focus on mental health and holistic development, the cell provides psychotherapy and counseling services to address various student issues, ranging from anxiety to complex emotions. Simultaneously, it supports students in making well-informed educational and occupational choices. By fostering a proactive approach to mental well-being and career development, the cell ensures that students are equipped to thrive in the transformative landscape of higher education under the new policy of NEP 2020.

#### **About Happy Thinking Laboratory**

The Happy Thinking Laboratory addresses the shift from misery studies to happiness studies, emphasizing an indigenous approach to achieve happiness within the cultural context. It recognizes the limitations of Western concepts in Indian culture and aims to empower youth to understand the indigenous notion of happiness, connecting science with spirituality. The laboratory's vision is to build a world of peace, love, and universal harmony by fostering an understanding of happiness. Through reflection, meditation, and spiritual concepts, the laboratory aims to enable students to gain control over their thoughts and emotions, promoting holistic development and providing a platform for research on spiritual dimensions of life.

## About HR Conclave

The HR Conclave, orchestrated by the Counselling and Guidance Cell (CGC) and the Happy Thinking Laboratory (HTL), will provide an invaluable forum for students and academicians. Esteemed industrialists and HR experts from diverse MNCs will share their rich experiences, fostering collaboration and knowledge exchange. Attendees will gain insights into evolving HR trends, leadership strategies, and the industry's pulse. The conclave will facilitate meaningful interactions, offering a bridge between academia and the corporate world. This convergence of expertise aims to equip students and academicians with practical wisdom, ensuring a seamless integration between theoretical knowledge and the dynamic demands of the professional landscape.



#### **Sub-themes of HR Conclave:**

- **Navigating HR Horizons:** Delve into the evolving landscape of Human Resources, exploring strategies and trends that shape the future of workforce management.
- **Leadership in Action:** Highlight leadership insights shared by industrialists, showcasing practical examples of effective leadership in dynamic corporate environments.
- **Collaborative Learning:** Emphasize the collaborative nature of the conclave, where students and academicians actively engage with industry professionals, fostering a community of shared knowledge.
- **Innovation in HR Practices:** Explore innovative HR practices discussed during the conclave, illustrating how forward-thinking strategies contribute to organizational success.
- Career Pathways Unveiled: Illuminate diverse career pathways within HR, providing attendees with a roadmap for personal and professional growth in the field.
- **Cultural Integration:** Showcase how the conclave promotes a cultural exchange between academia and industry, contributing to a harmonious blend of theoretical and practical knowledge.
- **Empowering Academic Synergy:** Highlight how the conclave's insights empower academic institutions to align their curriculum with the everchanging demands of the corporate sector.

### **Schedule of the Conclave**



MALVIYA HALL

TIME- 11:30 - 12:30 PMINAUGURAL SESSIONS

MALVIYA HALL

TIME- 12:30 - 12:45 PM

• TEA BREAK

MALVIYA HALL

TIME- 12:45 - 3:00 PM

• TECHNICAL SESSIONS

HTL

TIME- 3:00 - 4:00 PM

• HTL VISIT



## **Chief Guest of the Event**



CHIEF GUEST
Shri Abhishek Prakash (IAS)
CEO Invest UP
Government of Uttar Pradesh

IAS Abhishek Prakash presently is the sitting CEO of Invest UP and Secretary to Infrastructure & Industrial Development Department, Government of Uttar Pradesh. He was formerly posted as DM & Collector, Lucknow, Uttar Pradesh. IAS Abhishek Prakash completed his engineering in electricals and M.A. in Public Administration.

## **Noted Speakers of the Event**





DR. ABHISHEK LAKHTAKIA Chief Executive Officer ADANI Foundation



MR. AMIT PATHAK

DGM Operation

Medanta



MR. VIVEK MISHRA Chief Planning Officer Mahindra Edu Pvt Ltd.



MS. KANIKA SAHAY Manager HR Hyatt Hotels Lucknow



MR. MOHIT PATHAK
Senior Manager HR Operations
Educate Girls



MS. ADITI GUPTA
Head HR
Tata Motors



MR. VIKAS DELELA Manger Sales Indigo UP



MS. SHALINI Data Analyst US - India Deloitte



MS. AMBALIKA TIWARI
Quality Analyst
Amazon, Lucknow



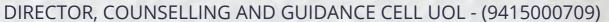
MR. VIVEK MISHRA Associate General Manager HCL Tech





#### **CONVENER:-**

DR. VAISHALI SAXENA



PROF M. PRIYADARSHINI

DIRECTOR, HAPPY THINKING LABORATORY UOL - (9236745594)



**PROF. SANGEETA SAHU** 

**DEAN STUDENT'S WELFARE UOL** 

PROF. ANOOP KUMAR BHARTIYA

DEPARTMENT OF SOCIAL WORK UOL

**PROF. KEYA PANDEY** 

DEPARTMENT OF ANTHROPOLOGY UOL

#### **ORGANISING COMMITTEE:-**

REGISTRATION AND CERTIFICATE DISPENSATION

DR. AMRITA SHRIVASTAVA

DR. MEGHA SINGH

DR. SHUSHIL SINGH CHAUHAN

#### **DECORATION AND STAGE MANAGEMENT**

DR. RAVI PANDEY

DR. ANU KOHLI

DR. ANUPAM TRIPATHI

MS.SUGANDHA MAHESHWARI

MS.RITIKA BUDHARAJA

#### HOSPITALITY

DR. ANUPAMA SHRIVASTAVA

DR. ARPANA GODBOLE

DR. TANUKA CHATTERIEE

DR. ABHISHEK JAISWAL

#### **MEDIA AND PR**

PROF. MADHURIMA PRADHAN

DR. ANUPAM TRIPATHI

DR. UTKARSH MISHRA

#### STUDENT COORDINATION COMMITTEE

DR. HIMANSHU PANDEY

DR. AMAR KUMAR TIWARI

DR. SUYASH YADAV

DR. PRANATI SRIVASTAVA





#### **REGISTRATION LINK:-**

**FOR STUDENTS:** 

https://forms.gle/V19LFWW12mNtYU6f9



#### FOR HR:

https://forms.gle/op4ArnAW8e2SfF6H8



#### IN CASE OF ANY QUERY, CONTACT -

Faisal Ansari – 7007801220 Amit Kumar – 9953063895 Gajendra Kumar - 7071326982

Note- There is no participation fee for all participants. \*Participants will get Certificate of Participation After the Completion of event.



## THANK YOU

### **CONTACT US:**

X CGC\_LU

o cgc\_lkouniv

cgc@lkouniv.ac.in