



**Department of Psychology
University of Lucknow
Lucknow
Celebrates**

“Mission Shakti”

(An initiative by Government of Uttar Pradesh)

ITINERARY

Time	Events
12:00 PM	Welcome Address by Vidushi and Devanshi
12:10 PM	Nukad Natak by Adanya group
12:40 PM	Poem Recitation by Ms. Falak
12:45 PM	Speech on Mental Health of Transwomen
12:55 PM	Oath taking ceremony on Mission Shakti
01:00 PM	Blessing to students by Prof. Shashi Shukla (Dean, Faculty of Arts)
01:05 PM	Words of Encouragement by Prof. Madhurima Lall (Convenor, Mission Shakti)
01:10 PM	Certificate Distribution to Volunteers and participants
01:20 PM	Vote of Thanks by Dr. Megha Singh
01:30 PM	Tea Break for students
02:30 PM	Panel Discussion on Mental Health of Women in Changing scenario
03:45 PM	Certificate Distribution to Panelist
03:55 PM	Formal Vote of Thanks by Dr. Archana Shukla
04:00 PM	High Tea



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ITINERARY OF PANEL DISCUSSION

Time	Events
02:30 PM	Welcome Address by Dr. Megha Singh
02:35 PM	Lighting of the Lamp
02:40 PM	Blessings by Prof. Shashi Shukla
02:45 PM	About Mission Shakti Program by Prof. Madhurima Lall
02:50 PM	Panel Discussion
03:45 PM	Certificate Distribution to Panelists
03:50 PM	Formal Vote of Thanks by Dr. Archana Shukla
04:00 PM	High Tea

Department of psychology

University of Lucknow,

Lucknow-226007

Celebrates

“ Mission Shakti ”

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TITLE: mental health of women in changing scenario

Today, on the 16th of November , 2021, the Department of psychology , celebrated the Phase-3 of Mission Shakti. The theme of the program was mental health of women in changing scenario’.

Hon’ble Madam Dean Faculty of Arts, professor Shashi Shukla, University of Lucknow.Prof. Madhurima Lall, Convener of Mission Shakti, University of Lucknow, Dr. Varun Chhachhar Assistant Professor, Faculty of Law University of Lucknow Director, RTI Cell, University of Lucknow. Coordinator, Dr. Shankar Dayal Sharma Institute of Democracy, Mr. Rahul Srivastava Additional SP ATS/Social Media, Lucknow, Dr. Arpita kapoor founder and

general secretary Nawal foundation, Mr. Prateek Radio Jockey Radio Mirchi were invited as Chief guests of the event.

The programme started with a Nukkad Natak performance by group students of university of Lucknow on the theme of mental health of women in present scenario.

Then a self composed poem recited by Falak sharikah followed by a short speech on mental health of Trans women by Falak and Vidushi.

Anshul Bharti recited a self composed poem on women empowerment. After this a brief speech was given by Ms Madhurima Lall, convener of Mission Shakti.

Then they have started with panel discussion.

The Keynote address was delivered by Dr Megha singh, Department of Psychology on the topic of “mental health of women in changing scenario” with the lighting of the lamp. The moderator of the panel discussion was Prof Madhurima Pradhan, Dept of Psychology.

The event started by discussing the objectives and principles of Mission Shakti elaborated on the key highlights of the Phase-3 of mission shakti followed by a brief Synopsis of the initiatives that were part of Phase-1 and Phase-2 of Mission Shakti.

Mission Shakti was launched by the Government of Uttar Pradesh in October last year with an emphasis on safety, dignity and empowerment of women and girls. It also focuses on the rights of children, sexual crime against women and girls and adoption of orphaned girls.

The programme began with the introductory remark by Prof. Madhurima Lall who briefed us about the aims of the flagship Programme initiated by the Government of Uttar Pradesh and also she speaks about involvement of women empowerment and culture in Mission Shakti. She also discussed about the importance of mental health for women.

Then the Panel discussion was started by professor Madhurima Pradhan department of psychology with the brief introduction of Panelists.

Afterwards Dr Varun Chhachhar briefly addressed the audience on the essence of mental health of women where he spoke about Right to information “No person should be deprived of right to life and liberty specially women”. He also discussed about various laws in Constitution made for protection of women rights.

Then Mr. Rahul Srivastava addressed on interplay of civil factors and socioeconomic determinants of mental health, also, the effects of cyber crime on mental health of women.

After that Dr Arpita Kapoor spoke about condition of mental health of women in lower middle society and how women's are denied of education on the virtue of biological features and also she told about her initiatives for women.

Then RJ Prateek spoke about empowered women by taking references from Ramayana and shared personal experience and stories about women's in his life

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In the end vote of thanks was proposed by Dr. Archana Shukla, Department of Psychology.

The programme came to an end with the certificate distribution to the volunteers of the program.









मिशन शक्ति
आज्ञा की शक्त
आपकी उत्कृष्टता
आपकी उत्कृष्टता

Department of Psychology
University of Lucknow
celebrates
MISSION SHAKTI PHASE - 3

(An Initiative of Government of U.P.)
Patron
Prof. Alok Kumar Rai
Hon'ble Vice Chancellor, University of Lucknow
on
16th November, 2021
(Timing - 12:00 pm - 4:30 pm)
venue - Harikrishna Awasthi Sabhagar
University of Lucknow

Prof. Shashi Shukla
Dean
Faculty of Arts
University of Lucknow

Prof. Madhurima Lali
Convener
Mission Shakti
University of Lucknow
Dr. Megha Singh
Co-ordinator
Mission Shakti Program
Department of Psychology
University of Lucknow

Dr. Arthana Shukla
Co-ordinator
Department of Psychology
University of Lucknow





S. No.	Name	Department	Course
1.	Sakshi Shukla	Psychology	M. A. Semester 3
2.	Preeti Rawat	Psychology	M. A. Semester 3
3.	Faiza Bano	Psychology	M. A. Semester 3
4.	Lakshmi Tiwari	Psychology	M. A. Semester 3
5.	Akanksha Singh	Psychology	M. A. Semester 3
6.	Ritu Sahu	Psychology	M. A. Semester 3
7.	Deeksha Yadav	Psychology	M. A. Semester 3
8.	Zeeshan	Psychology	M. A. Semester 3
9.	Vishi Srivastava	Psychology	M. A. Semester 3
10.	Bhawna Gupta	Psychology	M. A. Semester 3
11.	Prashant Shukla	Psychology	M. A. Semester 3
12.	Neha Verma	Psychology	M. A. Semester 3
13.	Divyanshi Tripathi	Psychology	M. A. Semester 3
14.	Falak	Psychology	M. A. Semester 3
15.	Nishu	Psychology	M. A. Semester 3
16.	Khushi	Psychology	M. A. Semester 3
17.	Himanshu	Psychology	M. A. Semester 3
18.	Krishnansh	Commerce	B. Com.
19.	Arbas	Tourism	MTTM
20.	Ameer Hamza Khan	Tourism	MTTM
21.	Ishan	English	B. A. Semester 5

22.	Raj Sahu	Arts	B. A. Semester 1
23.	Kartavya Patel	English	B. A. Semester 2
24.	Hardik Gupta	Commerce	B. A. Semester 3
25.	Siddhant	Commerce	B. A. Semester 3
26.	Abhishek	Commerce	B. A. Semester 3
27.	Arya Gupta	Arts	B. A. 1st
28.	Gautam Adhikari	Psychology	M. A. Semester 3
29.	Rakhshanda	Psychology	M. A. Semester 3
30.	Pragya Singh	Psychology	M. A. Semester 3
31.	Anshika Shukla	Psychology	M. A. Semester 3
32.	Mansi	Psychology	M. A. Semester 3
33.	Pragati Pathak	Psychology	M. A. Semester 3
34.	Kshama Singh	Psychology	M. A. Semester 3
35.	Kisa Zehra	Psychology	M. A. Semester 3
36.	Neha Yooshing	Psychology	M. A. Semester 3
37.	Mansi Aidasani	Psychology	M. A. Semester 3
38.	Bonshe	Psychology	M. A. Semester 3
39.	Sneha Dubey	Psychology	M. A. Semester 3
40.	Sakshi Pant	Psychology	M. A. Semester 1
41.	Megha Verma	Psychology	M. A. Semester 1
42.	Kritika Singh	Psychology	M. A. Semester 1
43.	Mantasha Ali	Psychology	M. A. Semester 1

44.	Isika Agarwal	Psychology	M. A. Semester 1
45.	Charu	Psychology	M. A. Semester 1
46.	Akansha Singh	Psychology	M. A. Semester 1
47.	Satveer	Psychology	M. A. Semester 1
48.	Lavish Gulati	Psychology	M. A. Semester 1
49.	Jagmita Singh	Psychology	M. A. Semester 1
50.	Devina Raj	Psychology	M. A. Semester 1
51.	Noori	Psychology	M. A. Semester 1
52.	Navya	Psychology	M. A. Semester 3
53.	Kartikeya	Psychology	M. A. Semester 3
54.	Shashank Patel	Mathematics	B. Sc. Semester 3
55.	Aniket Kumar	Mathematics	B. Sc. Semester 3
56.	Nikhil Mishra	Mathematics	B. Sc. Semester 5
57.	Mirza Talib Beg	Mathematics	B. Sc. Semester 5
58.	Adarsh	Mathematics	B. Sc. 3rd Year
59.	Tanya Singh	Commerce	B. Com. Semester 3
60.	Sneha Gupta	Commerce	B. Com. Semester 3
61.	Nirmala Chauhan	Commerce	B. Com. Semester 3
62.	Kanchan Bisht	Commerce	B. Com. 1st Year
63.	Riya Srivastava	Commerce	B. Com. 1st Year
64.	Antra Yadav	Commerce	B. Com. 1st Year
65.	Priyanshi Gupta	Commerce	B. Com. 1st Year

66.	Abhilasha Verma	Commerce	B. Com. 1st Year
67.	Pragati Gupta	English	B. A. Semester 1
68.	Arya Singh	Sanskrit	B. A. Semester 5
69.	Suryansh	Psychology	B. A. Hons. (5)
70.	Vidushi Shukla	Psychology	B. A. Hons. (3)
71.	Devanshi	Psychology	B. A. Hons. (3)
72.	Jitendra Patel	Psychology	Research Scholar
73.	Prashant	Psychology	Research Scholar