



NATIONAL CADET CORPS & NATIONAL SERVICE SCHEME

UNIVERSITY OF LUCKNOW

IN COLLABORATION WITH SANJEEVANI

ORGANISES
WEBINAR
ON

HEALTHY YOUTH FOR HEALTHY NATION

OCTOBER 25, 2021 AT 10:00 AM



Speaker
Ms Richa Agarwal

UNDER THE AEGIS OF

“MISSION SHAKTI”

(AN INITIATIVE BY THE GOVERNMENT OF UTTAR PRADESH)

Patron: Prof. Alok Kumar Rai, Vice-Chancellor

Convener-Mission Shakti : Prof. Madhurima Lall



Capt. Dr. Kiran Lata Dangwal
NCC Coordinator- Mission Shakti



Dr. Alka Misra
NSS Coordinator- Mission Shakti

National Cadet Corps
(Girls Wing)

National Service Scheme

Webinar on Healthy Youth for Healthy Nation

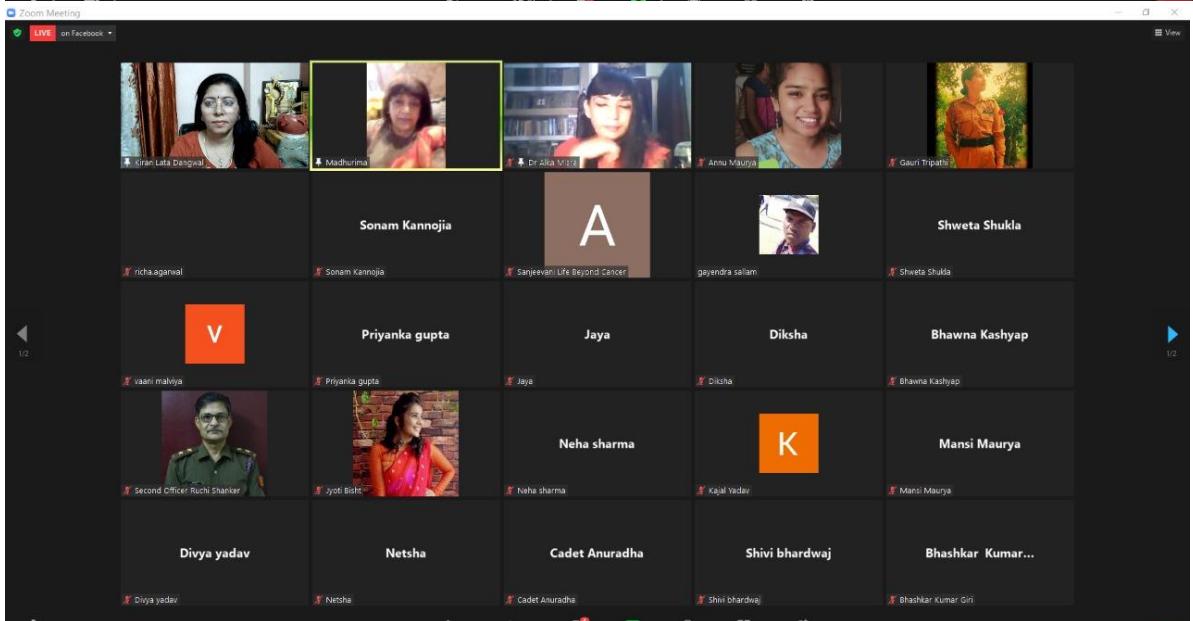
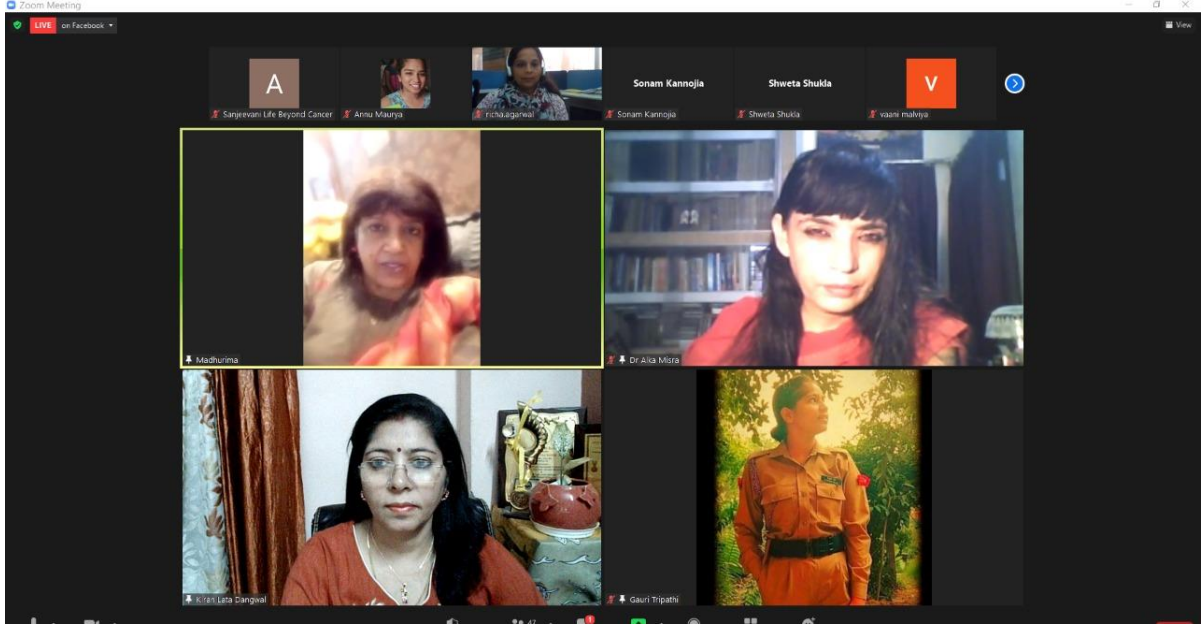
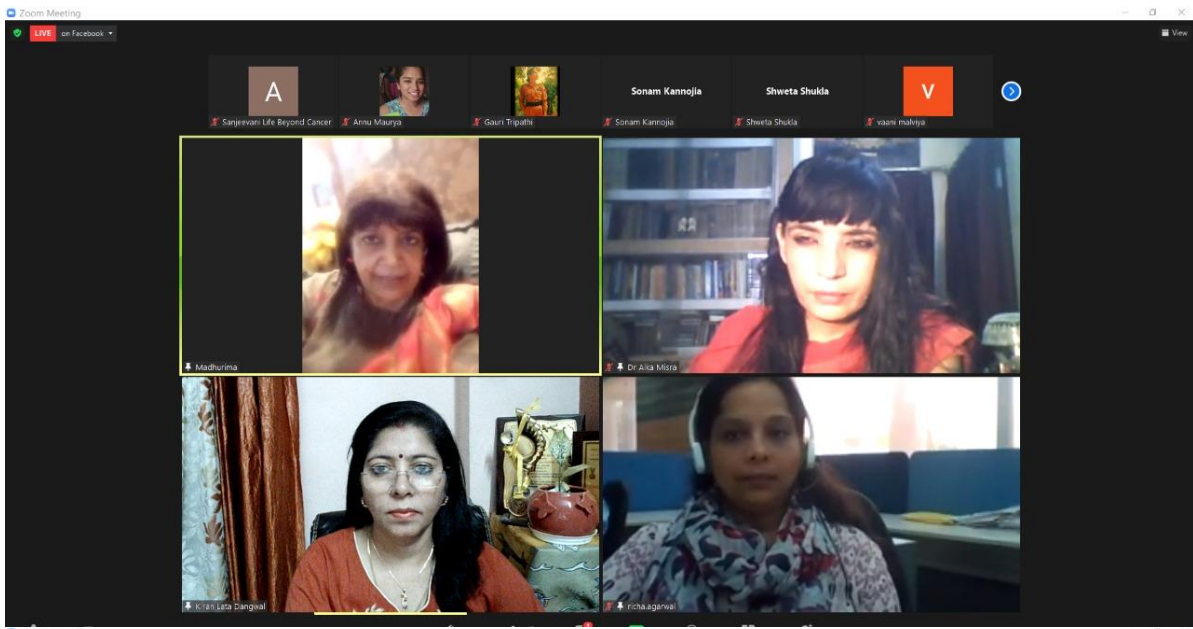
Organised by
63 UP BN NCC (Girls Wing) and NSS
University of Lucknow
Under the aegis of
“ **Mission Shakti** ”

(An initiative by Government of Uttar Pradesh)
25 October, 2021

An online webinar is organised by Girls Wing of 63 UP BN NCC and NSS, University of Lucknow in collaboration with Sanjeevni under the aegis of Mission Shakti University of Lucknow. The topic of this webinar was "Healthy Youth Healthy Nation". Capt Kiran Lata Dangwal welcomed all in the webinar and Prof. Madhurima Lall blessed all by her motivating address.


The invited speaker of this session was Ms. Richa Agarwal. In this interactive session she guided about how to develop healthy living habits, what diet should be taken, what routine should we follow and so on. Cadets of 63 UP BN and students of NSS (University Of Lucknow) showed their active participation. There after there was a quiz competition. E-certificates were given to all the participants. Webinar was coordinated by Capt. Kiran Lata Dangwal (Associate NCC Officer,63 UP BN), Dr. Alka Mishra (NSS Coordinator - Mission Shakti) and followed by cadet coordinator - Gauri Tripathi.

Moreover, these type of sessions should be organized time to time to aware the society about healthy lifestyle and hygiene so that they together build a healthy nation.



Dr Alka Misra Kiran Lata Dangwal Sanjeevani Life Beyon... richa.agarwal Sonam Kannojia gayendra:sallam

LIVE on Facebook



Madhurima


Neha sharma Kajal Yadav Mansi Maurya Gauri Tripathi



Dr Alka Misra

Dr Alka Misra Madhurima A Sanjeevani Life Beyon... richa.agarwal Sonam Kannojia Sonam Kannojia gayendra.sallam


LIVE on Facebook 00:02:05



Kiran Lata Dangwal

This is a screenshot of a Facebook Live video call. The main video shows a woman with long black hair, glasses, and a bindi, wearing an orange top. She is speaking. In the background, there is a red pot with a plant and some framed certificates. The top of the screen shows a grid of participant thumbnails with names: Dr Alka Misra, Madhurima, Sanjeevani Life Beyon..., richa.agarwal, Sonam Kannojia, Sonam Kannojia, and gayendra.sallam. A large letter 'A' is visible in the center of the top row. A 'LIVE on Facebook' indicator is in the top left, and a timer '00:02:05' is in the top right. The name 'Kiran Lata Dangwal' is visible in the bottom left corner of the video frame.

LIVE on Facebook You are viewing Annu Maurya's screen View Options




SANJEEV NI

1692







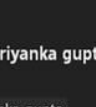



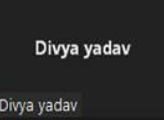



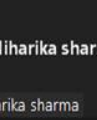




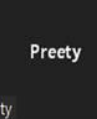


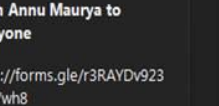


This is a screenshot of a Facebook Live video showing a man speaking at a podium. The man has grey hair and glasses, wearing a white shirt and a yellow sash. He is gesturing with his right hand near his head. A microphone is in front of him. A laptop on the podium has the number '1692' on it. In the background, there is a blackboard and a logo that says 'SANJEEV NI'. The top of the screen shows a 'LIVE on Facebook' indicator, a green bar that says 'You are viewing Annu Maurya's screen', and a 'View Options' dropdown menu.

Switch to Shared Content **LIVE** on Facebook You are viewing Annu Maurya's screen View Options



SM From Shivali Mishra to Everyone
second

SHARON

 Annu Maurya	 Astro Space	 Second Officer Ruchi Shan...	 Kiran Lata Dangwal	 Madhurima
 vaani malviya	 Priyanka gupta	 Jaya	 Diksha	 Gauri Tripathi
 Divya yadav	 Om Prakash Mishra	 Neha Singh	 Sonam Kannoja	 Niharika sharma
 Shivali Mishra	 Aura	 Garima Patel	 Chitra Singh	 Preety
 Archana Singh	 gayendra salla	 From Annu Maurya to Everyone https://forms.gle/r3RAYDv923vTGvwh8	 Khushi kumari s...	 Vipin Chandra

Participants 41 Participants (Alt+U) Share Screen Record Reactions Apps

List of the Participants

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