## Report on: Quiz Competition on National Youth Day

The Quiz competition, held on 11 January 2025, in the Happy Thinking Laboratory at the ONGC Building, was organized by the Counseling & Guidance Cell (CGC) in collaboration with Happy Thinking Laboratory (HTL). The event aimed to foster creativity and critical thinking among students at the University of Lucknow. Participants were encouraged to express their views on ideas and teachings of "Swami Vivekananda". The competition was designed to stimulate creativity, critical thinking, and awareness of Vivekananda's life, teachings, and contributions to society.



## **University Of Lucknow**



Counsellin<mark>g And Guidance Cell And Happy Thinking Laboratory
Organize a Quiz Comp</mark>etition

**On Occasion of** 

<u>Birth Anniversary of Swami Vivekanand</u> (National Youth Day)

Patron



Prof. Alok Kumar Rai Hon'ble Vice Chancellor, University of Lucknow

Date- 11 January 2025 Venue -HTL, ONGC Building, University Of Lucknow (12:00 onwards)

## Convenor

Dr Vaishali Saxena (Director, Counselling And Guidance Cell) Prof M. Priyadarshini (Director, Happy Thinking Laboratory



The event commenced with the ceremonial lighting of the lamp. The quiz allowed participants to delve deeper into these ideas, fostering an environment where students could reflect on how these teachings resonate in today's world. The quiz competition was hosted by Mrs. Aisha Zaheer and coordinated by Miss Nisha. The quiz competition witnessed enthusiastic participation from students across different departments of the University of Lucknow. The participants were a mix of undergraduate and postgraduate students, all eager to showcase their knowledge of Swami Vivekananda's life and teachings.



The quiz was judged by a panel of esteemed faculty members from the University of Lucknow. The panel included: Prof. M. Priyadarshini, Dr. Vaishali Saxena and Dr. Anu Kohli. Questions ranged from his early life to his key speeches and teachings. The competition concluded with the announcement of the winners, who were awarded certificates and prizes for their exceptional performance. In addition to the winners, all participants received gifts as well as certificates of participation as a token of appreciation for their effort and involvement.





The Director of HTL, Prof. M. Priyadarshini in her address, highlighted Swami Vivekananda's profound impact on modern spirituality, emphasizing his teachings on self-realization, youth empowerment, and the importance of serving humanity.Dr. Vaishali Saxena spoke on Swami Vivekananda's enduring legacy, emphasizing his transformative vision for India and the world. She highlighted his teachings on self-awareness, service to humanity, and the empowerment of youth, urging students to embody these values for personal growth and societal progress.



Dr. Vaishali Saxena, Director of CGC, extended her heartfelt gratitude to Honorable Vice Chancellor Prof. Alok Kumar Rai, Director of HTL Prof. M. Priyadarshini, panel expert, Dr. Anu Kohli, the host, and the event coordinators for their dedicated efforts. She also congratulated and thanked all participants for their enthusiastic engagement and focus throughout the quiz.

## **ATTENDANCE**

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