



**ICSSR Supported**  
**International Interdisciplinary Conference on**  
**“POSITIVE PSYCHOLOGY INTERVENTIONS FOR PROMOTING**  
**SUSTAINABLE HAPPINESS IN SOCIETY”**

**ORGANISED BY**

**Happy Thinking Laboratory, Department of Psychology,**  
**University of Lucknow in Collaboration with**  
**Department of Happiness, Era University, Lucknow**

**Virtual Conference 22<sup>nd</sup> - 23<sup>rd</sup> October 2021**

**PROFILE OF PSYCHOLOGY DEPARTMENT, UNIVERSITY OF LUCKNOW**

Established in 1929, Department of Psychology was the first Department in the universities of Uttar Pradesh and third in India to offer Under Graduate and Post Graduate courses in Psychology. Eminent psychologists and philosophers of national and international fame such as Prof N.N. Sengupta, Prof. E. Ahmed Shah, Prof. Kali Prasad, Prof. Raj Narain and Prof. H.S. Asthana have been associated with the Department. The outstanding performance of the Department was recognized at State, National and International level by awarding various research project grants.

**HAPPY THINKING LABORATORY, DEPARTMENT OF PSYCHOLOGY, UNIVERSITY OF LUCKNOW**

Happy Thinking Laboratory was established for Psychospiritual development of students of University of Lucknow which was virtually inaugurated on 21st November 2020 by Hon'ble Governor, Ms Anandiben Patel with the initiative of Prof. Madhurima Pradhan. The vision of this laboratory is to empower the thoughts of youth to understand indigenous notion of happiness to build a world of peace, love and universal harmony by connecting science with spirituality. Many Orientation Programs, Faculty Development Program, Webinar and conferences have been organised by this laboratory for the benefit of students, researchers and faculty members to promote researches on sustainable happiness.

**THE DEPARTMENT OF HAPPINESS AT ERA UNIVERSITY**

The Department of Happiness was formally inaugurated on 16th August 2019 by Principal Secretary, Medical education, Shri Rajneesh Dube and under the Vice Chancellorship of Prof. Abbas Ali Mahdi.

This is the first department of its kind in India offering value added certificate course on happiness for medical and paramedical students, as they work in a stressful environment, seeing patients succumbing to illness and undertaking tedious medical procedures. Since its inception, Department of Happiness is flourishing and helping all pupils to manage their emotions and feelings to stay happy and positive under every circumstances.

**CONCEPT NOTE/ THEME**

Scientific researches are increasingly making it clear that the normal functioning of human being cannot be accounted for within purely negative (or problem focused) frame of reference. Positive Psychologists try to explain the nature of effectively functioning human beings who successfully apply evolved adaptations and skills and thrive despite all the difficulties that life poses before them.

The social vision of Positive Psychology has the potential to reach out larger groups of people, progressing towards higher form of social accountability and commitment towards wider society. In other words this is the time to put positive psychology at the service of sustainable social development, which is essentially a process of change incorporating the needs of future generations. Indian spiritual heritage has much to contribute in the happiness mission of Positive Psychology.

For the last 20 years, interest in positive psychology has been dramatically increasing in entrepreneurship, public administration, education and personal life.

**SUB THEMES:**

- Philosophical aspects of happiness.
- Factors affecting happiness index of Indian people.
- Best practices for positive parenting.
- Therapies for promoting happiness.
- Happiness in Community Psychology perspective.
- Accelerating positive education to promote happiness.
- Happiness at workplace : A global perspective.
- Happiness and community environment.
- Happiness and social well-being
- Happiness in different religions.

## DISTINGUISHED SPEAKERS



**Keynote Speaker**  
**Prof T. S. Powdyal**  
Former Minister of Education,  
Royal Government of Bhutan



**Valedictory Speaker**  
**Prof Girishwar Mishra,**  
Hon'ble Vice Chancellor  
MGAH Vishwavidyalaya, India



**Prof Jared D. Kass**  
Lesley University, USA



**Dr Susheel Kamotra**  
Mezbahn, Malaysia



**Dr Amoneeta Beckstein**  
Webster University, Thailand



**Prof Gesha Ngawang Samten**  
CIHTS, India



**Prof E.V. Swaminathan**  
Brahmakumaris, India



**Ms. Lyn Kass**  
GPA, USA



**Prof Jyotsna Agarwal**  
NIMHANS, India



**Dr K Venkataramanan**  
BHRI, India

## REGISTRATION

**Registration Link :** <https://forms.gle/cSCTKaydAozMfZis5> (Use the link to register)

**Participation is free but prior registration is mandatory**

## CALL FOR PAPERS

We invite all academicians and research scholars to submit the abstract of their scientific papers  
Latest by 25<sup>th</sup> September, 2021

**E-mail address: [positivepsychology.webinar22@gmail.com](mailto:positivepsychology.webinar22@gmail.com)**

Selected papers will be published in the proceedings of conference

The word limit of abstract is 200 words including, title, authors name with designation and institutional affiliation, objective, method, sample, result, conclusion and keywords. Abstract should be in Times New Roman with 12 Font Size.

## PATRONS



**Prof Alok Kumar Rai**  
Hon'ble Vice Chancellor  
University of Lucknow



**Prof Farzana Mahdi**  
Hon'ble Vice Chancellor  
Era University, Lucknow

## ORGANIZING COMMITTEE

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