



DEPARTMENT OF PSYCHOLOGY
UNIVERSITY OF LUCKNOW
on the occasion of



World Mental Health Day

is organizing a Panel Discussion on

**THEME: LIVED EXPERIENCES HEARD: REAL
VOICES, REAL CHANGE**



10 October 2026



12:00 P.M. – 02:00 P.M.



**Auditorium,
Department of Psychology
University of Lucknow**



Convenor

Prof. Archana Shukla

**Head, Department of Psychology
University of Lucknow**



Patron

Prof. J.P. Saini

**Hon'able Vice Chancellor
University of Lucknow**



Coordinator and Moderator

Dr. Megha Singh

**Assistant Professor
Department of Psychology**

PANELISTS



Isha Mittal

**Additional Chief Standing
Counsel, State Government**



Rajiv Malhotra

Former IG Police



Atma Prakash Mishra
Program Head
Doordarshan, U.P.



Prof. Archana Shukla
Head, Dept of Psychology
Director, HTL



Dr. (H.C.) Shachi Singh
**Founder and Hon. General
Secretary of Ehsaas**