



UNIVERSITY OF LUCKNOW

FACULTY OF YOGA

Revised PROGRAMME OF ODD SEMESTER EXAMINATION-2024

M.A./ M.SC YOGA SEMESTER-I

(Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. To 11.30 A.M.

DATE	PAPER	PAPER TITLE
13.01.2025	YOGCC-101	Fundamental of Yogic Sciences
15.01.2025	YOGCC-102	Human Anatomy and Physiology
17.01.2025	YOGCC-103	Yoga Theory and Practice-1
20.01.2025	YOGCC-104	Indian Philosophy and Yoga
23.01.2025	YOGCC-105	Patanjala Yoga Darshan
25.01.2025	YOGVC-106	Yoga & Mental Health

M.A./ M.SC YOGA SEMESTER-III

(Regular/Back Paper/Improvement)

TIME ALLOWED: 3 HOURS

TIMINGS: 08.30 A.M. To 11.30 AM.

DATE	PAPER	PAPER TITLE
16.01.2025	YOGCC-301	Yoga in Bhagwat Geeta
18.01.2025	YOGCC-302	Research and Statistical Methodology in Yoga
22.01.2025	YOGEI-302B	Eminent Indian Yogies (Elective) Yoga and Value Based Education (Elective) Ayurveda, Swathvritta & Yogic Diet (Elective)
24.01.2025	YOGIEF-301	Diet, Nutrition & Herbal Medicine
27.01.2025	YOGCC-303	Yoga Theory and Practice-3

Note: (a) University reserves the right to change the schedule as per organizational requirements.

(b) Students are advised to remain updated on the L.U. website www.lkouniv.ac.in for any changes in the schedule.

- Sd/-

(Prof. Ashok Kumar Sonkar)
Dean, Faculty of Yoga & Alternative
Medicine

Controller of Examination
University of Lucknow,
Lucknow

15/1/25