



# **World Mental Health Month Celebration**

**14th-16th October, 2022**

**Three Days Online Workshop on**

## **Behaviour Technology to Manage Internet Addiction**

organized by

**Counselling and Guidance cell  
University of Lucknow**

**Time :- 6:30pm to 7:30pm**

**Patron**

**Prof. Alok Kumar Rai**

**Vice Chancellor, University Of Lucknow**

**Speaker**

**Prof. Vedagiri Ganeshan**

**Director & Former Syndicate Member.  
Global Institute of Behaviour Technology &  
Former Head, Department of Psychology,  
Bhartathiar University, Coimbatore, Tamil Nadu**

**Registration Link :-**

**[https://docs.google.com/forms/d/e/1FAIpQLSd91ILH0cEPH3x2icI1TakjFZPIRqIASZjHsJg72OAvCif8Cg/viewform?usp=pp\\_url](https://docs.google.com/forms/d/e/1FAIpQLSd91ILH0cEPH3x2icI1TakjFZPIRqIASZjHsJg72OAvCif8Cg/viewform?usp=pp_url)**

### **Organising Team**

**Dr. Arpana Godbole**

Coordinator

Counselling & Guidance Cell  
University Of Lucknow

**Dr. Vaishali Saxena**

Deputy Director

Counseling & Guidance Cell  
University of Lucknow

**Prof. Madhurima Pradhan**

Director

Counselling & Guidance Cell  
University of Lucknow

**Ms. Jyoti Shukla**

Research Scholar

Department of Psychology  
University of Lucknow

**Ms. Archana**

Research Scholar

Department of Education  
University of Lucknow

**Ms. Apoorva Sharma**

Research Scholar

Department of Education  
University of Lucknow