

(4)

7. Describe the Milk Kalp, its precautions and its significance.

ojoDe keauhe kear ellMeseleesSh meeJeOeefeljeB Deejj Fmkeai cenlJe keae
JeCalle keaepes~

Unit - IV

10

FkeaeF&- IV

8. Describe the chemical components, property and therapeutic use of Ashwagandha.

DeMJeieOee kea j emeeUeefekaa iege, iegfOecel SJeb eUeekal mekeaeje
DeUeefekaa JeCalle keaepes~

9. Describe the chemical components, property and therapeutic use of Punarnava.

hegevallee kea j emeeUeefekaa iege, iegfOecel SJeb eUeekal mekeaeje DeUeefekaa
keae JeCalle keaepes~

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Roll No. _____

SFA-4159

P.G. Diploma in Naturopathic Science & Yoga
(Semester-II) Examination, 2015

Paper - I

(Nutrition and Herbal Medicine)

Time Allowed : Three Hours] [Maximum Marks : 70

Note : Answer five questions in all. Question No.1 is compulsory. One question is to be attempted from each unit.

kegue heeBle DeMveekaa Goej oepfes DeMve meb 1 DeefjeeljeB
DeUeefekaa FkeaeF&mes Skaa DeMve etkaalee peevee nw

1. Write short answer of the following:

efecveeKele kea maffehle Goej oepfes : $3 \times 30 = 30$

(a) Importance of diet

Yeepeve keae cenlJe

(b) Acid and Alkai balance

Decue DeleDecue mevlegive

	(2)	(3)	
(c) Fat	Jemee	Unit - I	10
(d) Sprouted grain	Denej le Deenej	2. Describe the nutritive valued food stuff. Deenej keā meLe heeseCe keā cen Je keā JeCalle keāepeS~	
(e) Fasting and starvation	GheJeeme SJeb Yekceje	3. Describe the Nutritional Diseases. Yeepūe heoLe&mes mecyef/Oele yeceejf ūeellkeā JeCalle keāepeS~	
(f) Significance of fasting	GheJeeme keāer eelMesel eeS	Unit - II	10
(g) Types of Kalp	keāuhe keā ekeāej	4. What is fasting? Describe its therapeutic importance. GheJeeme keāle nP Fmekeā eelkāl mekeātē cen Je keā JeCalle keāepeS~	
(h) Precautions of Kalp	keāuhe keāer meeJeOeeef ūeel	5. Describe the effects of fasting on human body. ceeveje Mej ej hej GheJeeme keā ūeJeelkeā JeCalle keāepeS~	
(i) Chemical components of Haridra	nuoer keā j emeeJeef keā ieſe	Unit - III	10
(j) Chemical components of Bilva	yese keā j emeeJeef keā ieſe	6. What do you understand by Kalp? Write preparation of Kalp procedure. keāuhe mesDeehe keāle mecePelesnP keāuhe meshe&leef ūeellkeā JeCalle keāepeS~	